Appendix

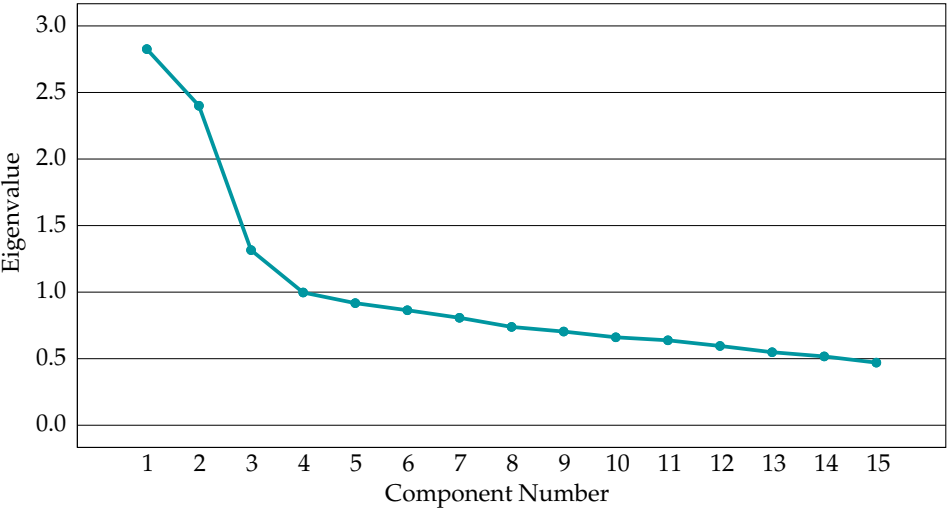**Results of Exploratory Factor Analysis of the ISI-5 (N = 11,023)**

Table A1. Total Variance Explained

Component	Initial Eigenvalues			Extraction Sums of Squared Loadings			Rotation Sums of Squared Loadings		
	Total	% of Variance	Cumulative %	Total	% of Variance	Cumulative %	Total	% of Variance	Cumulative %
1	2.826	18.839	18.839	2.826	18.839	18.839	2.572	17.147	17.147
2	2.400	16.001	34.840	2.400	16.001	34.840	2.012	13.415	30.561
3	1.316	8.771	43.612	1.316	8.771	43.612	1.958	13.050	43.612
4	0.997	6.647	50.259						
5	0.917	6.116	56.375						
6	0.864	5.759	62.134						
7	0.807	5.381	67.516						
8	0.739	4.924	72.440						
9	0.704	4.692	77.132						
10	0.661	4.405	81.536						
11	0.638	4.254	85.790						
12	0.596	3.970	89.761						
13	0.549	3.657	93.418						
14	0.517	3.447	96.864						
15	0.470	3.136	100.000						

Extraction Method: Principal Component Analysis.

Figure A1. Scree Plot

Table A2. Rotated Component Matrix[a]

	Component		
	1	2	3
isi_g Identity styles (ISI): g) When facing a life decision, I try to analyse the situation in order to understand it.	0.752	0.041	−0.097
isi_d Identity styles (ISI): d) When facing a life decision, I take into account different points of view before making a choice.	0.721	0.027	−0.093
isi_o Identity styles (ISI): o) It is important for me to obtain and evaluate information from a variety of sources before I make important life decisions.	0.719	0.095	−0.043
isi_m Identity styles (ISI): m) When making important decisions, I like to have as much information as possible.	0.680	0.028	−0.053
isi_e Identity styles (ISI): e) I spend a lot of time reading or talking to others trying to develop a set of values that makes sense to me.	0.507	0.031	0.037
isi_i Identity styles (ISI): i) I think it's better to hold on to fixed values rather than to consider alternative value systems.	0.064	0.752	0.068
isi_h Identity styles (ISI): h) I think it is better to adopt a firm set of beliefs than to be open-minded.	−0.054	0.683	0.103
isi_k Identity styles (ISI): k) I prefer to deal with situations in which I can rely on social norms and standards.	0.296	0.566	−0.053
isi_n Identity styles (ISI): n) When I make a decision about my future, I automatically follow what close friends or relatives expect from me.	−0.002	0.503	0.138
isi_l Identity styles (ISI): l) I try to avoid personal situations that require me to think a lot and deal with them on my own.	−0.178	0.438	0.363
isi_a Identity styles (ISI): a) I automatically adopt and follow the values I was brought up with.	0.306	0.417	−0.104
isi_b Identity styles (ISI): b) I'm not sure where I'm heading in my life; I guess things will work themselves out.	−0.100	0.060	0.709
isi_c Identity styles (ISI): c) It doesn't pay to worry about values in advance; I decide things as they happen.	0.034	−0.034	0.696
isi_f Identity styles (ISI): f) I am not really thinking about my future now, it is still a long way off.	−0.138	0.107	0.677
isi_j Identity styles (ISI): j) When personal problems arise, I try to delay acting as long as possible.	0.019	0.107	0.556

Extraction Method: Principal Component Analysis.
Rotation Method: Varimax with Kaiser Normalization.
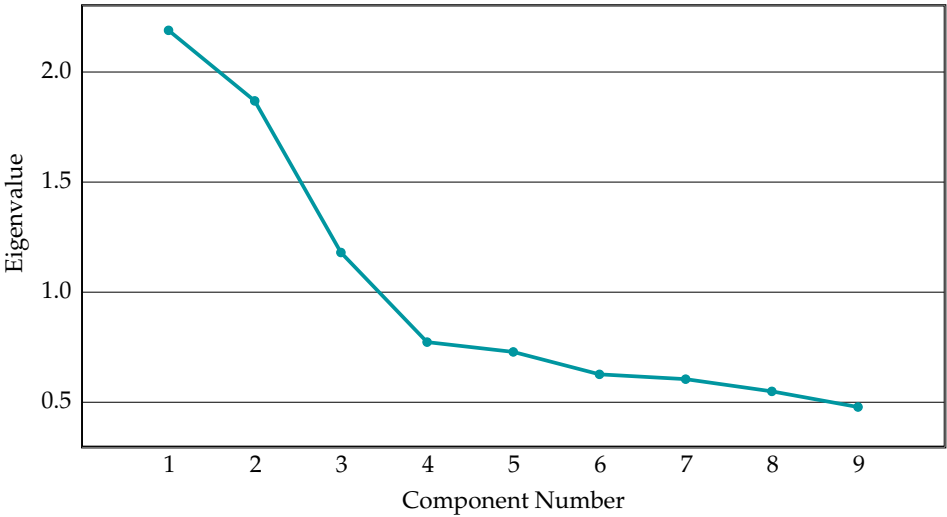a. Rotation converged in 5 iterations.

Results of Exploratory Factor Analysis of the US-ISI-5 (*N* = 11,023)

Table A3. Total Variance Explained

Component	Initial Eigenvalues			Extraction Sums of Squared Loadings			Rotation Sums of Squared Loadings		
	Total	% of Variance	Cumulative %	Total	% of Variance	Cumulative %	Total	% of Variance	Cumulative %
1	2.189	24.326	24.326	2.189	24.326	24.326	1.938	21.537	21.537
2	1.869	20.766	45.092	1.869	20.766	45.092	1.672	18.575	40.113
3	1.180	13.114	58.206	1.180	13.114	58.206	1.628	18.093	58.206
4	0.773	8.591	66.797						
5	0.729	8.096	74.893						
6	0.627	6.965	81.858						
7	0.605	6.722	88.579						
8	0.549	6.105	94.685						
9	0.478	5.315	100.000						

Extraction Method: Principal Component Analysis.

Figure A2. Scree Plot

Table A4. Rotated Component Matrix[a]

	Component		
	1	2	3
isi_g Identity styles (ISI): g) When facing a life decision, I try to analyse the situation in order to understand it.	0.809	−0.073	0.067
isi_d Identity styles (ISI): d) When facing a life decision, I take into account different points of view before making a choice.	0.797	−0.071	0.024
isi_o Identity styles (ISI): o) It is important for me to obtain and evaluate information from a variety of sources before I make important life decisions.	0.735	−0.050	0.102
isi_b Identity styles (ISI): b) I'm not sure where I'm heading in my life; I guess things will work themselves out.	−0.088	0.754	0.030
isi_f Identity styles (ISI): f) I am not really thinking about my future now, it is still a long way off.	−0.132	0.740	0.119
isi_c Identity styles (ISI): c) It doesn't pay to worry about values in advance; I decide things as they happen.	0.022	0.715	0.002
isi_i Identity styles (ISI): i) I think it's better to hold on to fixed values rather than to consider alternative value systems.	0.037	0.075	0.819
isi_h Identity styles (ISI): h) I think it is better to adopt a firm set of beliefs than to be open-minded.	−0.056	0.142	0.754
isi_k Identity styles (ISI): k) I prefer to deal with situations in which I can rely on social norms and standards.	0.279	−0.076	0.600

Extraction Method: Principal Component Analysis.
Rotation Method: Varimax with Kaiser Normalization.
a. Rotation converged in 5 iterations.